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THE WORLD'S FINEST RANGE COOKERS

## **Leg of Lamb by David Pengelly**

## **Ingredients**

1.5 – 2kg (3-4 lb.) Leg of lamb

1 Tbsp. Olive oil

2 Onions

2 Cloves garlic, crushed

500g (1 ¼ lb) Baby carrots

2 Sticks celery, chopped

300ml Red wine

1 Small tin of Chopped tomatoes

2 Tbsp. Redcurrant jelly

2 Tbsp. Mint sauce

Seasoning

## **Method**

- Place the oil into a small AGA roasting tin lined with bake-o-glide, add the onion, carrots, celery and garlic and cook on the floor of the AGA roasting oven (or bottom shelf of the Everhot top oven set at 240°C) for five minutes.
- Add the wine, tomatoes, redcurrant jelly and mint sauce, stir well.
- Season the leg of lamb and lay into the sauce, cover with sprigs of rosemary.

**AGA**: place into the roasting oven on the 3rd set of runners, cook for approximately 40 minutes until the meat is browned. Move to the centre of the simmering oven for 2-3 hours until the lamb is cooked to your liking.

**Everhot**: place on the second shelf up in the top oven (set at 240°C) and cook for approximately 40 minutes until the meat is browned. Move to the centre of the lower oven set at 110°C - 120°C for 2-3 hours until the lamb is cooked to your liking.

Remove the lamb to serving plate, pour the sauce into a saucepan, reduce and season to serve with the lamb.